

TRO Newsletter



Welcome 2024!

Happy New Year! Wishing all TRIO students a great year ahead! We have been planning for 2024 and are excited to experience everything that it will offer! Looking forward to welcoming and getting to know our new TRIO Students and can't wait to see all of our continuing students on campus or via zoom this Spring semester!

Let's aim for a stress -free semester by planning, writing down our goals, organizing our school work and keeping a balance between family, life, work and school. TRIO SSS is here to support you. Please feel free to reach out and participate in empowering workshops/activities this Spring semester.

Follow us on Instagram: @lacctriosss

Welcome Muriel Fluhr to TRIO

THIS IS MURIEL, OUR NEW STUDENT WORKER

Muriel is a Psychology major and is also interested in studying Dentistry in the future. . Muriel loves singing, dancing, and the outdoors. Some of her hobbies include the piano, art and photography. She is excited to be a part of the TRIO Team and is eager to assist students as best she can. We are happy to have her as a TRIO student and as part of the TRIO Team in the office!



National TRIO Day is on Feb. 28th



Highlights from Fall 2023

LMU CAMPUS VISIT

Fall 2023 is now a semester full of memories. We gained quite some insight during our campus visits and during our workshops. TRIO always strives to meet the needs of our students. We encourage you to join us on future trips regardless of what your future plans are because you never know how each experience will impact you and motivate you to accomplish those dreams!

First Generation College Student Day November 8th

Thank you for all who participated in First Generation College Student Day - Nov. 8th Each year, colleges across the nation, celebrate first generation college students. It's important that as college students you celebrate yourself and your struggles as well as the challenges fellow peers may face as you strive to accomplish your academic goals! We have a First Gen Board in the TRIO Office, if you missed this event during Fall semester, feel free to stop by and let us know what being First Gen means to you as a student at LACC. The following are some quotes from TRIO Students.

"Being a First Gen student shows resilience to show yourself & others that passing through the hardest challenges shows others that they can pass them too." Natalie Goodliffe

"Being a First Gen student means making a path for the future generation to come. It will be hard in its own way but the outcome will always be the best. Never Stop Fighting!" Erwin Mejia

"Being First Gen means my dreams matter. Being a single parent often means putting others' needs first. I am seeing myself grow & bloom in ways I never knew possible. I am humbled by this opportunity to pursue an education." Erika Burnett

UPCOMING TRIO EVENTS

In Person Workshops

Thursday, Feb. 8 - Welcome Back | Time: 1:30pm - 2:30pm, SSB, Room 340

Wednesday, Feb. 21 - Applying for Scholarships | 2pm - 3pm in SSB, 3rd floor Rm 340

Thursday, Feb. 29 - Career Assessment | Time: TBD, Location TBD

Thursday March 7 - Career Assessment | Time: TBD, Location TBD

Friday March 15 - Researching Careers & Internships | Time: 10am - 11am, SSB Rm 340

Friday April 19 - Financial Aid Q & A | Time: 10am -11am, TRIO Lobby Area

Monday May 6, 2024 - Career Assessment | Time: TBD, Location: TBD

Via Zoom

Friday Feb.23, **Math Tutoring Worshop** | Time: TBD Tuesday, March 26, **I've Been Accepted, Now What?** | Time: 2:30pm - 3:30pm Friday,May 3, **Budget Planning for Living On Your Own |** Time: 10:30AM = 11:30 AM **Writing Workshop (s)** | Time & Dates: TBD

Workshop time and dates are subject to change

Important Dates & Deadlines for Spring 2024

Monday Feb 5th - Semester Begins Monday Feb. 19th - President's Day Holiday - No School Feb 19th - Last day to drop without a "W" Feb 19th - Last day to add classes Friday - March 29th - Cesar Chavez Holiday - No School March 30th - April 5th - Spring Break - No School Sunday May 5th - Last day to drop with a "W" Monday May 27th - Memorial Day Holiday - No School

Contact Us: EMAIL: aaptrio@lacitycollege.edu <u>TRIO LOBBY on CRANIUM CAFE</u>

(323)953-4000 ext. 2466 TRIO CONTINUES TO ACCEPT NEW APPLICANTS ENCOURAGE A FRIEND TO BECOME PART OF TRIO

APPLY FOR TRIO