LOS ANGELES CITY COLLEGE The City's College. –

Foster & Kinship Care Education June 2024 Class Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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3 Transitioning to Adulthood 5:30pm-8:30pm	4	5 SCI Training (1) 5pm-9pm	6 SCI Training (2) 5pm-9pm Clase en Español 6pm-8pm	7 SCI Training (3) 5pm-9pm	8
10 Helping Children Prep. For Summer 5:30pm-8:30pm	11 off	12 The Truth About Drugs 5:30pm-8:30pm	13 Clase en Español 6pm-8pm	14 Higher Education: Module 1 6:00pm-9:00pm	15
17	18 Teen Sexuality 5:30pm-8:30pm	19 Campus Closed	20 Clase en Español 6pm-8pm	21 Special Education and IEP 6:00pm-9:00pm	22
24 Helping Children Deal with Stress 5:30pm-8:30pm	25	26 Importance of Family Meetings and House Rules 5:30pm-8:30pm	27 Clase en Español 6pm-8pm	28	29

IMPORTANT INFO:

Click here to register for classes.

Click on "edit my responses" if you have already registered. Need class links? <u>Email</u> aguilaam2@lacitycollege.edu or call (323) 953-4000 ext 2335 by 12pm, day of class. Todas la clases serán ofrecidas por internet usando la pagina **Zoom**.

Haga clic aquí para registrarse para las clases Prejuntas? LLAME al (323) 953-4000 ext 2335 o mande un mensaje a lacc-fostercare@lacitycollege.edu

LACC FKCE Class Descriptions | June 2024

Workshop Title	Date/Time	Trainer	Class Description
Transitioning to Adulthood (Renewal for RFA, W, and SCI-Specialized)	June 3, 2024 5:30pm-8:30pm	Rob Hanna	Participants will examine the many facets of the adolescent transition period between childhood and adulthood [physical, psychosocial, mental]. Resource parents will learn to recognize some of the normal tensions that might occur at home and how to manage these issues.
Special Care Increment (SCI) Training (Formerly known as D & F- rate training)	June 5, 6, 7 2024, 5pm-9pm **YOU MUST ATTEND ALL THREE SESSIONS**	Sandra Smith	The Special Care Increment (SCI)Training is the 12 hours foundational training (which replaces the D & F rate pre-service training) for resource parents who are caring for children, adolescents and non-minor dependents who require specialized care resulting in resource parents going above and beyond the basic level of care (LOC) to meet a child's health, physical, emotional, behavioral, educational, permanency and family service needs. This training covers an overview and explanation of LOC & SCI, substance use, medication and behavior management, the impact of trauma on development, navigating the educational system, birth parent engagement, self-care and resources for successful SCI placement.
Helping Children Prep. For Summer (Renewal for RFA, W, and SCI-Specialized)	June 10, 2024 5:30pm-8:30pm		Summer is approaching and children will be on vacation for a couple of months. What to do? Discussion of different activities and games that parents can practice with their children. Moreover, tips on how to keep children safe during summer.
The Truth About Drugs (Renewal for RFA, W, and SCI-Specialized)	June 12, 2024 5:30pm-8:30pm	Rob Hanna	This class will analyze the effects of a variety of drugs on youth development and behavior.
Higher Education: Module 1 (Renewal for RFA, W, and SCI-Specialized)	June 14, 2024 6:00pm-9:00pm	Sharonda Barksdale	The purpose of this module is to empower caregivers to discuss the value of higher education with their youth and provide ideas for how they can play an active role in supporting their youth to college. For caregivers with youth in middle school or in the early high school grades, college can seem so far into the future that it can take secondary importance to more immediate concerns. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees
Teen Sexuality (Renewal for RFA, W, and SCI-Specialized)	June 18, 2024 5:30pm-8:30pm	Rob Hanna	This workshop is to teach parents on the different stages of the development of human sexuality, particularly focused on adolescence and young adulthood. What is normal and expected; as well as what are some behaviors that caregivers should pay attention to. We will go over Maslow's hierarchy of needs; as well as how to support a healthy development. In addition, class will address the needs of LGBTQ youth in foster care.
Special Education and IEP (Renewal for RFA, W, and SCI-Specialized)	June 21, 2024 6:00pm-9:00pm	Sharonda Barksdale	Come to learn all about IEPs: what it is, how to request one from the school, understanding IEP goals and plan, advocate for your child's education. This workshop is to teach parents the importance of having an IEP for your child and the steps to take to make sure you get the necessary help needed for services.

Helping Children Deal with Stress (Renewal for RFA, W, and SCI-Specialized)	June 24, 2024 5:30pm-8:30pm	Sandra Smith	Traumatic experiences are stressful. This workshop will address how children show stress, and how can we help them deal with stressful situations.
Importance of Family Meetings and House Rules (Renewal for RFA, W, and SCI-Specialized)	June 26, 2024 5:30pm-8:30pm	Denetra Norwood	Communication is essential in every aspect of life, especially when dealing with children. When house rules are set, it is important that they are understood and agreed to. We will also discuss the importance and value of having family meetings on a regular basis. Most importantly, to include all family members and include everyone when possible.

Clases en Español | Junio 2024

Workshop Title	Date/Time	Maestra	Link para regístrese
Educación especial e IEP	6 de junio, 6pm-8pm	Maricela Magaña	
Sexualidad adolescente	13 de junio, 6pm-8pm	Maricela Magaña	<u>Link para registrase</u> O
La verdad sobre las drogas	20 de junio, 6pm-8pm	Maricela Magaña	Copier y pegar: https://forms.gle/9HGGPHjnWyTUrRF
Ayudando a los niños a prepararse. Para verano	27 de junio, 6pm-8pm	Maricela Magaña	